



# ALAMEDA-CONTRA COSTA TRANSIT DISTRICT

## Master Minute Order

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<b>Report ID:</b>	25-291	<b>Status:</b>	Received/Provided Direction
<b>Type:</b>	Regular - Operations		
<b>Meeting Body:</b>	Board of Directors - Regular Meeting 10/08/2025	<b>Final Action:</b>	10/08/2025
<b>Sponsors:</b>			
<b>Attachments:</b>	STAFF REPORT, Att.1. Wellness Program Board Presentation, Att.2. Agenda Planning Request - Director Walsh (Wellness Program Update)		
<b>Related Files:</b>			

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### Agenda Title:

Consider receiving a presentation on the effectiveness of the District's Wellness Program. [Requested by director Walsh - 11/13/2024]

### Staff Contact:

James Arcellana, Executive Director of Human Resources

### Legislative Action & Summary

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<b>Acting Body:</b>	<b>Date:</b>	<b>Action:</b>	<b>Result:</b>
Board of Directors - Regular Meeting	10/08/2025	Received and provided direction	Pass

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### Action Text:

MOTION: McCALLEY/WALSH to receive a presentation on the effectiveness of the District's Wellness Program and direct staff to present the report annually. The motion carried by the following vote:

Ayes: 5      President SHAW, Vice President McCALLEY, Director WALSH, Director SILVA, Director YOUNG

Absent: 1      Director SYED

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### Notes:

Wellness Coordinator Sandra Smith-McDonald presented the staff report. There were no public comments offered.

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